



**DATE: June 2022**  
**TO: All Business Managers and International Staff**  
**FROM: Boilermakers National Health & Welfare Fund**  
**RE: FUNDS FLASH – Updates to Telehealth Providers, Virtual Second Opinion, and Preventive Services**

The benefit information described below *is not* applicable for individuals who have coverage under the Fund's Medicare Advantage Plan administered through United HealthCare (UHC).

Participants will receive notice this week regarding changes made to the Plan under Amendments 8 and 10. Below we have provided a summary of the information and have attached a copy of the notice for your reference. Please see pages 2-6 for more details.

#### **NEW BENEFITS – NO COST TO PARTICIPANTS**

▪ **MD LIVE – Effective as of 01/01/2022 (Amendment #8)**

MD Live is an exclusive in-network provider for telehealth services. Access MD Live by logging in to [www.myCigna.com](http://www.myCigna.com) and clicking on "Talk to a doctor".

▪ **CLEVELAND CLINIC VIRTUAL SECOND OPINION – Effective as of 07/01/2022 (Amendment #10)**

A second opinion can help individuals make informed, confident decisions about their medical care. Participants can visit <https://boilermakers.virtual2ndopinionbycc.io> for direct access to a Cleveland Clinic expert physician for second opinions or they can visit the Fund's website at [www.bnf-kc.com](http://www.bnf-kc.com).

#### **REMOVAL OF A SERVICE PROVIDER**

▪ **AMERICAN WELL – Termination as of 06/30/2022 (Amendment #10)**

American Well will no longer be available to use for telehealth visits. *For telehealth benefits to be payable under the Plan, individuals must use the Plan's exclusive in-network provider, MD Live.*

#### **PREVENTIVE BENEFITS UPDATE**

▪ **PREVENTIVE BENEFITS – Certain preventive benefits have been updated as required under the Affordable Care Act (Amendment #8).**

**PLEASE COMMUNICATE THIS IMPORTANT PLAN INFORMATION WITH YOUR MEMBERS. WE ARE ALSO POSTING INFORMATION AT [WWW.BNF-KC.COM](http://WWW.BNF-KC.COM).**

To see a full description of the Plan's benefits and limits, please refer to the 2018 Evidence of Coverage and Summary Plan Description (SPD), as amended, or for individuals covered under the Plan's Medicare Advantage Plan, the United Healthcare Plan Guide available online at [www.bnf-kc.com](http://www.bnf-kc.com).



Ronnie L. Traxler  
Chairman

John T. Fultz  
Secretary

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Vice Chairman

Patrick M. Gallagher  
Assistant Secretary

**DATE: June 2022**  
**TO: All Participants**  
**FROM: Boilermakers National Health and Welfare Fund**  
**RE: Updates to Telehealth Services, Virtual Second Opinion, and Preventive Services**

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Doctors' appointments traditionally involve time and travel. That can lead to putting off care until problems become more serious, and potentially more expensive. That is why the Fund offers convenient virtual care options.

### **NEW BENEFITS – NO CHARGE TO YOU**

▪ **MD LIVE – Effective as of 01/01/2022 (Amendment #8)**

MD Live is an exclusive in-network provider for telehealth services. Access MD Live by logging in to [www.myCigna.com](http://www.myCigna.com) and clicking on "Talk to a doctor". From there, follow the prompts for on-demand care or to schedule an appointment (no account or service code needed). Please see the enclosed flyer for more information (pages 3 and 4).

▪ **CLEVELAND CLINIC VIRTUAL SECOND OPINION – Effective as of 07/01/2022 (Amendment #10)**

Visit <https://boilermakers.virtual2ndopinionbycc.io> for direct access to a Cleveland Clinic expert physician for second opinions. You can also visit the Fund's website at [www.bnf-kc.com](http://www.bnf-kc.com). From the Health & Welfare home page, click the "Cleveland Clinic" quick link, when asked for the service code, enter "boilermakers", and when asked for the group ID number, enter the participant's social security number. To create an account, you must be 18 years or older (minor children are entered under a parent's account).

### **Why Would I Need a Second Opinion?**

A second opinion can help you make an informed, confident decision about your medical care. Sometimes, you may find out about treatment options you didn't know were available. And in some cases, the information you gain during a second opinion consultation can even change your diagnosis.

You may choose to consider a second opinion if you:

- Have a condition that isn't improving or is getting worse, despite treatment.
- Have been diagnosed with a serious or rare health condition.
- Have been told a health condition is not treatable.
- Are considering a treatment that involves significant risks, such as surgery.

- Need guidance choosing from multiple treatment options.
- Want confirmation about a diagnosis or treatment.

Please see the enclosed flyer for more information (page 5).

### REMOVAL OF A SERVICE PROVIDER

▪ **AMERICAN WELL – Termination as of 06/30/2022 (Amendment #10)**

American Well will no longer be available to use for telehealth visits. *For telehealth benefits to be payable under the Plan, you must use the Plan's exclusive in-network provider, MD Live.*

### PREVENTIVE BENEFITS UPDATE

▪ **PREVENTIVE BENEFITS have been updated (Amendment #8) to include the following:**

- Intimate partner violence, elder abuse, and abuse of vulnerable adults screening – Effective as of 01/01/2020
- Prevention of Human Immunodeficiency Virus (HIV) medication – Effective as of 01/01/2021
- Unhealthy drug use screening – Effective as of 01/01/2022

*The benefit information described above is not applicable for individuals who have coverage under the Fund's Medicare Advantage Plan administered through United HealthCare (UHC). Please access the United Healthcare Plan Guide to see a full description of the Fund's Medicare Advantage Plan benefits at [www.bnf-kc.com](http://www.bnf-kc.com), under "Documents and Forms".*





Doctor's appointments traditionally involve time and travel. That can lead to putting off care until problems become more serious, and potentially more expensive.

**That is why the Fund offers convenient virtual care options at no cost to you.**

**MDLIVE**

**Exclusive Provider for Telehealth Services  
as of January 1, 2022**

## What is a virtual telehealth visit?

You can see and talk to a doctor through your smartphone, tablet or computer, meaning you don't have to go to a doctor's office or sit in a waiting room.

## On-demand 24/7/365 Virtual Healthcare WHEN AND WHERE YOU NEED IT



**Convenient**



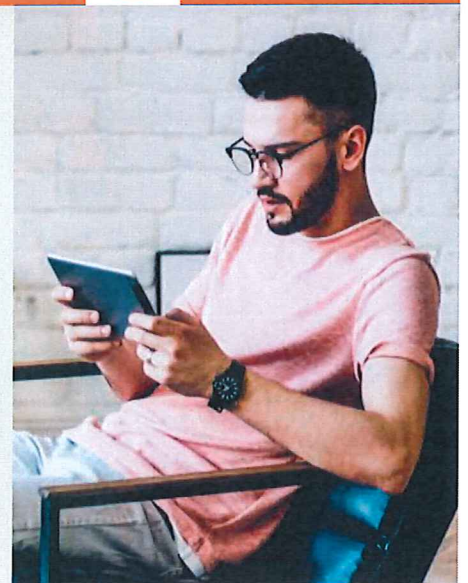
**Cost Effective**



**Flexible**

### 3 easy steps to connect to a virtual care provider:

- ▶ Access MDLIVE by logging into [myCigna.com](https://myCigna.com) and clicking on "Talk to a doctor." You can also call MDLIVE at 888.726.3171. (No phone calls for virtual dermatology.)
- ▶ Select the type of care you need: medical care or counseling.
- ▶ Follow the prompts for an on-demand urgent care visit, or to make an appointment for primary or behavioral care, or to upload photos for dermatology care. (Virtual dermatology does not require an appointment.)







**Head-to-toe virtual care options from board-certified doctors, dermatologists, psychiatrists and licensed therapists.**

**Visit [myCigna.com](https://myCigna.com) or the myCigna Mobile App to make an appointment for virtual care today.**

### PRIMARY CARE

Preventive care, routine care, and specialist referrals.

- Preventive care checkups
- Wellness screenings
- Receive orders for biometrics, blood work, and screenings at local facilities

### BEHAVIORAL CARE

Talk therapy and psychiatry from the privacy of your home. Care for conditions such as:

- Anxiety
- Stress
- Depression
- Panic disorder

### URGENT CARE

On-demand care for minor medical conditions. Care for conditions such as:

- Allergies
- Asthma
- Bronchitis
- Cold and flu
- Urinary tract infections

### DERMATOLOGY

Fast, customized care for skin, hair and nail conditions - no appointment required. Care for conditions such as:

- Acne
- Eczema
- Psoriasis
- Rosacea

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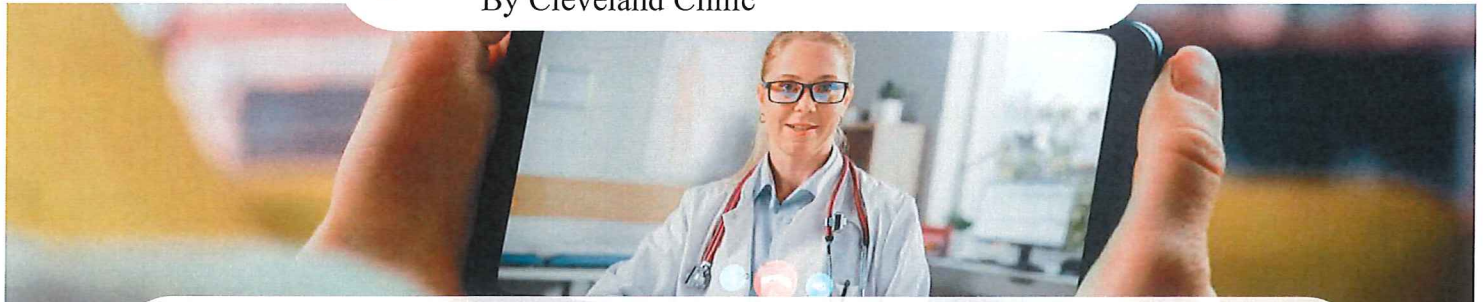
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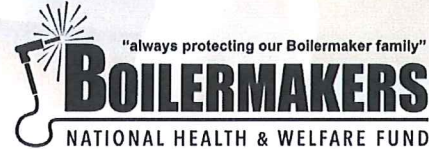
## Expert Second Opinions

By Cleveland Clinic

No Cost  
to You!



Direct virtual access to a Cleveland Clinic expert physician and a pathway to greater peace of mind



We encourage you to obtain a virtual second opinion if you are:

- Diagnosed with a serious or rare health condition
- Considering a treatment or surgery that involves risk or significant consequences
- Dealing with a condition or chronic illness that isn't improving or is getting worse
- Told a health condition is not treatable
- Seeking guidance while choosing from multiple treatment options
- Pursuing confirmation about a diagnosis or treatment plan

Why Seek an Expert Second Opinion by Cleveland Clinic?

- A new premium service included in your benefits package at zero cost to you
- Diagnosis and treatment plan reviewed by one of 3,500 Cleveland Clinic expert specialists in over 550 advanced sub-specialties
- A live video consultation with a world-renowned Cleveland Clinic specialist physician who was precisely matched to you
- Streamlined and hassle-free process, that empowers you in under 2 weeks



### Available Now - Get an Expert Second Opinion Today!

Scan the code to the left or follow the link to learn more, register, or download the app. Once prompted, enter the service code (for mobile app users only): **BOILERMAKERS**

Or Visit: <https://boilermakers.virtual2ndopinionbycc.io>

### How it works



For Questions Call: 1-844-777-0788